




\$3.00 Suggested Donation

MAY 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>Funded in part by the US Administration on Aging and state funds by the Rhode Island Department of Elderly Affairs.</i></p>	<p>1 01 Cheese / Omelet Sliced Tomato Baked Ham Potato Log Fruited Yogurt</p>	<p>2 Chicken Gumbo Soup Shepards Pie Zucchini &amp; Tomato Italian Bread Fresh Fruit (low sodium Salami w/ Cheese on Italian Bread)</p>	<p>3 Lentil Soup Low Fat Mac &amp; Cheese Broccoli Whole Wheat Bread Angel Food Cake (Egg Salad on w wheat)</p>	<p>4 CINCO DE MAYO Black Bean Soup Grilled Chicken Burrito w/ sour cream, cheese, lettuce &amp; tomato on wrap Spanish rice Brownie (Black Bean Burger on Roll)</p>
<p>7 Chicken Escarole Soup Veal Parm. w/ Sauce Seasoned Pasta Roasted Tomato Halves Italian Bread Sorbet (Eggplant Parm on Italian)</p>	<p>8 French Onion Soup Chicken Cordon Bleu w/gravy Mashed potatoes String Beans 9 Grain Bread Pineapple Chunks (Italian Tuna on 9 Grain Bread)</p>	<p>9 Kale Bean Soup French Meat Turnover Baby Carrots Seasoned Sliced Potato Ice Cream Sandwich (Chicken Salad on Oatmeal Bread)</p>	<p>10 Minestrone Chicken Marsala White Rice Italian Blend Vegetables Marble Bread Melon Slices (Ham salad on Marble)</p>	<p>11 MOTHERS DAY Vegetable Soup Stuffed Chicken Breast w. gravy Garlic Spinach Roasted Potato Dinner Roll Strawberry Shortcake (Honey Ham/Swiss on Oatmeal Bread)</p> 
<p>14 Beef Barley Stuffed Cabbage Capri Blend Veggies Hearty Nut Bread Oatmeal Cookies (Turkey/Cheese on Hearty Nut)</p>	<p>15 Chili Soup Grilled Pork Chop w/ applesauce Stuffing (cornbread) Diced Beet and Onion Salad Multigrain Bread Vanilla Pudding (Egg Salad on Multigrain Bread)</p>	<p>16 Turkey Rice Soup Chicken Caccitore Tossed Salad Spring mix Tomato/cucumber/carrot Garlic Stick Apple Slices/cinnamon (Light Bologna &amp; Cheese on wheat)</p>	<p>17 HAPPY BIRTHDAY Italian Wedding Soup Pot Roast &amp; Mushroom Gravy Red Bliss Mashed Roasted Veggies Rye Bread Choc. Cake (Gr. Chicken &amp; Swiss on Rye)</p> 	<p>18 Butternut Squash Soup Swedish Meatballs Buttered Noodles Dinner Roll Wax Beans Biscotti (Seafood Salad on Bilky)</p>
<p>21 Vegetable Soup Stuffed Shells Cucumber /Tomato &amp; Onion Salad Italian Bread Sponge Cake/peaches (Tuna on Italian Bread)</p>	<p>22 Clear Chowder Seafood Salad on Croissant Lay's Baked Chips Cole Slaw Hoodiee Cup (Ham Salad on Croissant)</p>	<p>23 Cream of Cauliflower Hamburger on Bulky/ lettuce &amp; tomato Tater Tots Pasta Salad w/ vinegar &amp; oil Apple Pie (Turkey Salad on Bulky)</p>	<p>24 Venus De Milo Soup Chef Salad w/ dressing veggies, egg, turkey, ham and cheese pita Bread Raspberry Sherbet (Roast Beef &amp; Cheese on Pita w/ tossed salad)</p>	<p>25 Chicken Arni De Pepe Broccoli and Cheese Quiche Mixed Vegetables Croissant Chocolate Pudding (Italian Grinder w/ low sodium cold cuts)</p>
<p>28 CLOSED MEMORIAL DAY</p> 	<p>29 Onion Soup w/ Crotons Beef Stroganoff Whole Baby Carrots Snowflake Roll Coffee Cake (Pastrami and Cheese on Rye)</p>	<p>30 Cream of Tomato Soup Veggie Lasagna 3 Bear Salad Wheat Roll Jello (Chicken Loaf on Croissant)</p>	<p>31 Vegetable Barley Soup Country Fried Chicken Steak w/ country gravy Rice pilaf Mixed Vegetable Medley Biscuit Fresh Fruit Cup (Chicken Salad on wheat)</p>	